

## Sunset Ski Team Athlete Code of Conduct Agreement

Each individual student athlete is accountable for their own actions, and all members of the ski team community are collectively accountable for upholding the standards of behavior set forth in this Athlete Code of Conduct Agreement.

This Code is established to maintain a high standard of athletic behavior that will ensure the safety and well-being of all athletes and coaches during training and competition. As a student athlete you are representing your school and sport throughout the season, your actions can reflect upon the team and the community that supports it.

Participation on Ski Team is a privilege that may be suspended if athletes choose to not abide by this code of conduct. As a condition of being on Ski Team, all athletes will agree to honor and conduct themselves in accordance with the following statements:

- I will demonstrate good sportsmanship at all times.
- I will indicate via the team app by 11:59 PM on Monday of a race week whether I am available to attend the race.
- I will reach out to a coach in advance if circumstances change and I am unable to attend a practice or race.
- I will not make negative or disparaging comments about my teammates, other teams, or coaches.
- I will be respectful by using appropriate language (no foul language) in appropriate tones when interacting with other athletes, coaches, officials, volunteers, parents, and spectators.
- I will set a good example of behavior and work ethic.
- I will follow the instructions of the coaches during training and on race days.
- I will not use, or condone the use of tobacco, marijuana, drugs, or alcoholic beverages.
- I will abide by all rules and regulations set down by my coaches, the Beaverton School District, the Metro league, and OISRA.

Any violation of these guidelines should be reported as soon as safely possible to a coach or parent. A parent wishing to report a violation should report it to the head coach or the Board President. Our coaches and board will not stand for any retaliatory behavior directed at someone reporting a violation; any retaliatory behaviors will be deemed a Code of Conduct violation.

I understand that should I fail to abide by these guidelines, I may be subject to disciplinary action. The nature of disciplinary action will be determined by coaches and/or the Ski Team Board of Directors. Types of action may include but is not limited to:

- Verbal or written warning
- Suspension from training, races, or other team activities
- Suspension or removal from a team leadership role
- Expulsion from the team

By signing, I indicate:

- I have read this Athlete Code of Conduct Agreement.
- I understand the words and meaning of this Athlete Code of Conduct Agreement.
- I agree to all provisions in this Athlete Code of Conduct Agreement.
- I understand this Athlete Code of Conduct Agreement is a general guide for my conduct and does not describe all types of good and bad behavior.
- I understand my future participation on the Ski Team could be affected if I do not obey this Athlete Code of Conduct Agreement.

Student Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

## Sunset Ski Team Parent Code of Conduct Agreement

The Sunset Ski Team has a code of conduct for all parents/guardians participating in the athletic experience. The spirit of this code is to establish a clear expectation for our parent community. Your actions reflect not only on you, but your child, his/her team and their school. As a parent/guardian on the Sunset Ski Team, you agree to abide by and follow the rules and guidelines as set forth below:

1. Be a role model to our athletes – demonstrate the positive behaviors you would like to be emulated.
2. Maintain a positive attitude at all times even when conditions are difficult or you disagree with a coaching or race official decision.
3. Physical contact or verbal abuse toward any racer, coach, official, school representative, or spectator is strictly prohibited and will result in immediate suspension.
4. Skiing racing is a sport that requires a strong community of parent/guardian support, be a positive force within this community at all times.
5. Encourage people around you to display proper sportsmanlike conduct, do not encourage any person(s) to become involved in any damaging behaviors.
6. Understand and meet any volunteer expectations by both the team and league.
7. Refrain from displays of anger or use of profanity.
8. Support our coaches throughout the season, they are open to feedback but it must be provided in a respectful and professional manner.
9. If approached by a coach or league official, please listen to their needs and be cooperative. Do not become confrontational or combative.
10. Never come to any practice, race, or team event under the influence of alcohol and/or drugs.
11. Please report any racer, coach and/or parent behavior that violates Sunset Ski Team codes of conduct to the board president.

Ensure that your athlete understands and abides by the Sunset Ski Team Athlete Code of Conduct Agreement.

Violation of this Parent Code of Conduct will lead to disciplinary action that could include one or more, but not limited to the following:

- Verbal warning by Head Coach or Sunset Ski Team Board of Directors
- Written Warning
- Parental suspension for the season
- Permanent parental suspension from Sunset Ski Team

Parent/Guardian      Signature \_\_\_\_\_

Name \_\_\_\_\_

Date \_\_\_\_\_

Parent/Guardian      Signature \_\_\_\_\_

Name \_\_\_\_\_

Date \_\_\_\_\_