

## **Professional Disclosure Statement**

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***Professional Counselor Associate***

Supervisor: Kyra Hazilla, JD, LCSW

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### **General Information**

The purpose of this disclosure statement is to provide information that you will need to know about working with me and the Oregon Attorney Assistance Program (OAAP).

### **Philosophy and Approach To Services**

I am an Attorney Counselor at the Oregon Attorney Assistance Program (OAAP). My services at the OAAP are intended to: (1) assist Oregon lawyers, judges, law students, and legal professionals to achieve a desired state of well-being, (2) respond to calls of concern or needed support regarding a third party who may benefit from OAAP services, (3) provide referrals and recommendations for professional community resources, (4) provide educational and resource services, and/or (5) generally respond as needed to those seeking OAAP services.

I believe that clients are the best experts of their own experience, and therefore my role is to help them discover, identify and implement goals, motivation and strategies for change that are helpful and meaningful to them personally. I acknowledge that social location and systems of oppression play a significant role in creating distress in the legal profession and that advocating for systemic change is critical for individual well-being. I see my role as collaborative – working together with the client to increase well-being, personal and professional satisfaction, relational courage, connection and belonging. My integrative approach is person-centered and is informed by relational-cultural theory, polyvagal theory, Mindful Self-Compassion, as well as cognitive strategies where appropriate.

### **The OAAP Process**

The Oregon Attorney Assistance Program provides short-term individual assistance and referral to community resources. While that means that we can't be your primary therapist, we provide situational support as needed, and for those people who need more long-term support, we can help you find a private counselor in the community and will support you while you get connected to that person.

OAAP counselors do not participate as witnesses, references, or otherwise in civil, criminal, disciplinary or admissions proceedings.

### **Formal Education, Training and Credentials**

I have a Master's degree in Clinical Mental Health Counseling from Oregon State University.

Major coursework includes *Foundations Of Mental Health Counseling, Social and Cultural Perspectives in Counseling, Theory and Techniques of Counseling, Developmental Perspectives, Models of Addiction Treatment, and Crisis, Trauma and Grief Counseling*. I have a juris doctor from Lewis and Clark Law School. I am a Professional Counselor Associate, registered with the Oregon Board of Licensed Professional Counselors and Therapists (Registration No. R11996). In addition, I am certified through the Mental Health and Addiction Certification Board of Oregon (MHACBO) as a Certified Alcohol and Drug Counselor (CADC 1 - Certification No. 16-03-10). To obtain this certification, I completed over 1000 supervised experience hours related to substance abuse treatment, as well as 150 hours of coursework including *Clinical Evaluation, Counseling Skills, Pharmacology of Alcohol and Drugs of Abuse, and Ethics*. I am a Nationally Certified Counselor through the National Board of Counselor Certification (NBCC). I am a member of the Oregon State Bar, the American Counseling Association, and the American Mental Health Counselors Association. I regularly consult with other licensed professionals and seek supervisory support.

### **Ethics**

This document was created as instructed by the Oregon Board of Licensed Professional Counselors and Therapists (OBLPCT). As a Registered Associate with the OBLPCT, I abide by the American Counseling Association Code of Ethics as adopted by the Board. My clinical supervisor is Kyra Hazilla, a Licensed Clinical Social Worker, 520 SW Yamhill St., Ste. 1050, Portland, OR 97204, 503.226.1057. As a Nationally Certified Counselor (NCC), I abide by the code of ethics of the National Board of Certified Counselors. As a Certified Alcohol and Drug Counselor, I abide by the code of ethics of the Mental Health and Addictions Counselor Board of Oregon. Ethical questions will be resolved in the best interests of clients. While I am a licensed attorney I do not practice law and I cannot and do not give legal advice.

### **Client Rights**

As a consumer of services offered by OBLPCT registered associates, you have the right:

- 1) To expect that a registered associate has met the minimum qualifications of training and experience required by state law;
- 2) To examine public records maintained by the Board and to have the Board confirm credentials of a registered associate;
- 3) To obtain a copy of the Code of Ethics;
- 4) To report complaints to the Board;
- 5) To be informed of the cost of professional services before receiving the services; and
- 6) To be free from being the object of discrimination on any basis listed in the Code of Ethics while receiving services.

### **Confidentiality**

You have the right to be assured of privacy and confidentiality while receiving services from me as defined by rule or law, including the confidentiality protections regarding contacts with the Oregon Attorney Assistance Program provided under ORS 9.568(3). To that end, I will not disclose private or

confidential information about you to anyone without your signed, written Release of Information, with the following exceptions: (a) to report abuse of a child, elder, or vulnerable adult; (b) to report imminent harm to yourself or others; or (c) to comply with a valid court order. In addition, in order to provide you with the best possible service I may share information about you in supervisory and consultation sessions. Finally, if you initiate a claim or complaint against me, that will waive your confidentiality to the extent necessary for me to defend the claim or complaint.

### **Fees**

There are no fees for services provided by the Oregon Attorney Assistance Program.

### **Appointments and Cancellations**

You can schedule appointments with me through our online scheduling system at [oaap.org](http://oaap.org) or by phone or email. If your matter is urgent, please call me directly. I understand that demands of the court system and client needs may require flexibility in scheduling. If you are unable to attend a scheduled appointment please notify me as soon as reasonably possible. This allows me to offer that time to another client.

### **Emergencies**

If you are having an emergency that involves your safety, **dial 988 for the Suicide and Crisis Lifeline**, call 911, or go to the nearest emergency room for help before contacting me. If you have an urgent need to speak with someone at the OAAP for urgent support outside of normal business hours, call our office at 503.226.1057, follow the prompts, and you will be connected with the after-hours, on-call attorney counselor.

### **Social Media**

In order to preserve the counselor/client relationship, I do not communicate or engage with clients on social media and therefore cannot accept friend requests or similar.

### **You may contact the Oregon Board of Licensed Professional Counselors and Therapists at:**

3218 Pringle Rd SE, #120  
Salem, OR 97302-6312  
Telephone: (503) 378-5499; Email: [lpct.board@mhra.oregon.gov](mailto:lpct.board@mhra.oregon.gov).

Additional information about me is available on the Board's website:  
[www.oregon.gov/OBLPCT](http://www.oregon.gov/OBLPCT)

An audio version of this statement is available upon request. Please contact me if you require this information to be provided in a form that is more easily accessible to you.

I am happy to answer any questions about this professional disclosure statement to help you better understand this information.