

Professional Disclosure Statement

Kirsten Blume, JD, M. Coun., RYT-200

Professional Counselor Associate

Supervisor: Kyra Hazilla, JD, LCSW

Oregon Attorney Assistance Program

520 SW Yamhill Street, Suite 1050

Portland, OR 97204

Telephone: 503-226-7150

Email: Kirstenb@oaap.org

Purpose of Disclosure

The professional disclosure statement includes information about my philosophy and approach to counseling, relevant codes of ethics, and context about our counseling relationship.

Philosophy and Approach to Services

I am an Attorney Counselor at the Oregon Attorney Assistance Program (OAAP). My services at the OAAP are intended to: (1) assist Oregon lawyers, judges, law students, and legal professionals, (2) respond to calls of concern or needed support regarding a third party who may benefit from OAAP services, (3) provide referrals and recommendations for professional community resources, (4) provide educational and resource services, and/or (5) generally respond as needed to those seeking OAAP services.

My approach emphasizes individual strengths and is informed by techniques from narrative therapy, relational-cultural therapy, solution-focused therapy, acceptance and commitment therapy, trauma-informed care, and mindfulness. I believe that social location and systems of oppression play a significant role in people's lives as well as the legal profession and that growth occurs alongside both internal and systemic change. My understanding of human nature is that people are remarkably resilient, hardwired for connection, capable of overcoming life's greatest challenges, and sometimes need help to find their path forward. My approach is collaborative, the client is the expert, and the purpose of OAAP assistance is to help the client achieve their goals.

The OAAP Process

The Oregon Attorney Assistance Program provides short-term assistance, referral to community resources, and crisis prevention services. While that means that we can't be your primary therapist, we provide situational support as needed, and for those people who need more long-term support, we can help you find a private counselor in the community and will support you while you get connected to that person.

OAAP counselors do not participate as witnesses or otherwise in civil, criminal, disciplinary or admissions proceedings.

Educational Background and Qualification

I have a Master's degree in Clinical Mental Health Counseling from Oregon State University (OSU). Major coursework at OSU includes counseling history as well as *Social and Cultural Perspectives in Counseling, Theory and Techniques of Counseling, Developmental Perspectives, Models of Addiction Treatment, and Crisis, Trauma, and Grief Counseling*. I hold a Juris Doctorate degree from Northeastern University School of Law with academic focus in areas of civil and human rights. I am also a certified yoga instructor (RYT 200). I am a member of the American Counseling Association, the American Bar Association, and the Yoga Alliance.

Supervision & Ethics

As a Registered Associate with the Oregon Board of Licensed Professional Counselors and Therapists (OBLPCT), I abide by its Code of Ethics and supervision requirements. This document was created as instructed by the OBLPCT (OAR Ch. 833, Division 100, 2024). I follow the code of ethics and rules as established by the OBLPCT (2024), and the American Counseling Association (2014) as adopted by Oregon. I adhere to all confidentiality guidelines as provided by the ACA Code of Ethics (2014). My clinical supervisor is Kyra Hazilla, JD, LCSW, 520 SW Yamhill St., Ste. 1050, Portland, OR 97204, 503-226-1057. While I am a licensed attorney I do not practice law and I cannot and do not give legal advice.

Fees

The OAAP provides services to Oregon lawyers, judges, law students, legal professionals, and legal support systems. There are no fees for services provided by the OAAP to the Oregon legal community.

Appointments and Cancellations

You can schedule appointments with me through our online scheduling system at oaap.org or by phone or email. If your matter is urgent, please call me directly (503-226-7150). I understand that demands of the court system and client needs may require flexibility in scheduling. If you are unable to attend a scheduled appointment please notify me as soon as reasonably possible. This allows us to offer that time to another client.

Emergencies

If you are having an emergency that involves your safety, **dial 988 for the Suicide and Crisis Lifeline**, call 911, or go to the nearest emergency room for help before contacting me. If you have a need to speak with someone at the OAAP for urgent support outside of normal business hours, call our office at 503-226-1057, follow the prompts, and you will be connected to the after-hours, on-call counselor.

Social Media

In order to preserve the counselor client relationship, I do not communicate or engage with clients on social media and therefore cannot accept friend requests or similar.

Client Rights

In accordance with the Oregon Board of Licensed Professional Counselors and Therapists (2024), and the ACA Code of Ethics (2014), you have the following rights:

- To expect that the Registered Associate and Supervisor have met the minimal qualifications of training and experience required by law;
- To examine public records maintained by the Board and to have the Board confirm credentials;
- To obtain a copy of the Code of Ethics;
- To report complaints to the Board;
- To be informed of the cost of professional services before receiving the services; and
- To be free from discrimination on any basis listed in the Code of Ethics while receiving services.

Privacy & Confidentiality

I consider privacy, confidentiality, and professional integrity to be of paramount importance. You have the right to be assured of privacy and confidentiality while receiving services from me as defined by law, including the confidentiality protections regarding contacts with the Oregon Attorney Assistance Program provided under ORS 9.568(3). To that end, I will not disclose private or confidential information about you to anyone without your signed, written consent, with the following exceptions: (a) to report suspected abuse of a child, elder, or vulnerable adult; (b) to report imminent danger to yourself or others; (c) providing anonymized information in confidential supervisory or consultation settings; and (d) defending claims brought by client against Registered Associate or their Supervisor.

The Oregon Board of Licensed Professional Counselors and Therapists may be contacted at: 3218 Pringle Road SE, Suite 120, Salem, OR 97302. Phone: 503-378-5499. Email: lpct.board@mhra.oregon.gov. Additional information about my registered associate status is available at the OBLPCT website: www.oregon.gov/oblpct.

An audio version of this statement may be made available upon request. Please contact me if you require this information to be provided in a form that is more easily accessible to you. I am also happy to answer any questions about this professional disclosure statement.